



CLASSIC

ABDIJ+ABBAYE

t. Bernardus

GANIC · GLUTEN FREE · FAIRTRADE

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Our permanent list of draught beers with an array of styles including Pilsner, Wheat, Amber, Dark, IPA and fruit. With three other guest taps available it's definitely worth asking the team what's new, but more importantly what their favourite is.

	ABV	1/2 PT	PT
LOWLANDER PILS We've done it our very own pilsner. Light and easy drinking, give this baby a whirl!	4%	4.80	7.95
LOWLANDER WIT Made just for Lowlander by the genius minds at Huyghe this is a traditional wit made with orange peel and coriander by the legends behind Delirium Tremens	5%	4.95	7.95
LOWLANDER BLONDE Made just for Lowlander by the genius minds at Huyghe this is a delicious banana-bread-like Abbey-style blond from the brewers of Delirium Tremens	6%	5.15	8.45
BRUGSE ZOT BLOND Golden with orange and spice from Bruges itself - "it's like a fairytale"	6%	5.55	9.95
DELIRIUM TREMENS The unique taste of 'Delirium Tremens' results from the use of three different kinds of y		6.40	10.65
DELIRIUM RED Soft fruity aroma, with hints of almond and mildly sour cherries	7.4%	6.50	10.80
LINDEMANS KRIEK Fruity and fresh with loads of cherry flavour	3.5%	5.20	8.65
JACK'S PRECIOUS IPA A citrusy IPA with lots of American hop character from one of Belgium's most forward-thinking craft brewers, and the minds behind Magma	5.9%	7.55	12.55
DE LA SENNE TARAS BOULBA A world-class hoppy pale ale from one of Belgium's best craft breweries. Fruity and endlessly sippable	4.5%	4.95	8.25
TROUBADOUR MAGMA Amber-coloured beer with the bitterness of an American IPA	9%	7.75	12.95
WESTMALLE DUBBEL A reddish-brown Trappist ale, malty and fruity with slight bitterness and a long, dry finish	7%	6.40	10.65
KWAK World famous for its historic glass this beer has a rich banana bread and caramel flavour. Kwak is one of Belgium's best beers	8.4%	7.85	13.15

Please ask a member of our team about our ever changing Guest Draught Beers





Originally this was a seasonal beer brewed in spring to last through into autumn. It therefore had to be durable and refreshing but this was difficult before refrigeration, so extra hops were added for preservation.

		ABV	ML	£
Hopyte	HOPUS The Big Daddy IPA, loaded with balanced hops, is taking Belgium by storm			9.95
Saison Dupont	SAISON DUPONT Oak-aged with a distinctive tangy finish			8.65
Troubadour	TROUBADOUR MAGMA Tripel IPA, simply one of the best beers we have in stock			10.45
DE KONINCK	DE KONINCK Smooth, amber beer with malted caramel flavours and American hops			8.25

BLONDE BEERS AND GOLDEN ALES

Some of Belgium's most popular golden ales. Usually golden in colour and between 6-9% but do watch out for the stronger ones!

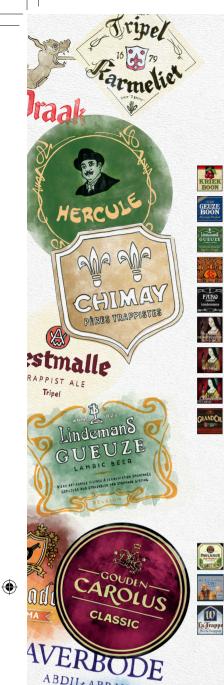
	ABV	ML	£
DUVEL The world classic, original golden ale	8.5%	330	8.95
AVERBODE Blonde ale with hints of candy sugar and a bitter hop finish	7.5%	330	8.75
LA GUILLOTINE Intense taste and roundness perfectly offset this beer's deep bitterness	8.5%	330	9.75
KASTEEL TRIPEL Lovely balanced tripel, ideal accompaniment for food	11%	330	10.95
STRAFFE HENDRIK Absolute gem with a very refreshing finish	9%	330	10.45
TRIPEL KARMELIET Creamy and spicy with a smooth finish	8.4%	330	9.95
TROUBADOUR BLONDE Full-flavoured smooth blonde	6.5%	330	8.95
LA CHOUFFE Strong, spicy ale-with an evolving taste	8%	330	9.95
ST FEUILLIEN BLONDE Easy drinking, hints of candy sugar with a soft bitter finish	7.5%	330	9.65
ST FEUILLIEN TRIPEL Fruity and spicy tripel with distinctive malty notes	8.5%	330	10.45
ST FEUILLIEN GRAND CRU Subtle and delicate with fine yet intense flavours, the champagne of the beer world!	9.5%	330	10.45
ST BERNARDUS TRIPEL This beauty has a slightly sweet aroma and a flowery, fruity taste in which bitter and sweet merge harmoniously	8%	330	9.95
WITKAP PATER STIMULO An aromatic, hazy blond ale from Slaghmuylder, Witkap Paters Stimula has banana, pice and lemon notes	6%	330	7.95
JAMBE DE BOIS This modern style beer is a hoppy tripel with banana, citrus and De La Senne's signature bitter finish	8%	330	8.95

AMBER AND DARK BEERS

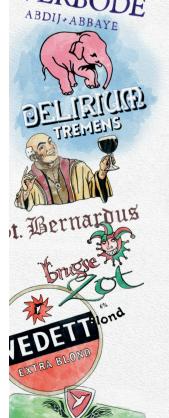
	ABV	ML	£
BUSH AMBER A bitter-sweet taste providing firmness and personality	12%	330	10.70
TROUBADOUR SPÉCIAL Rare Belgian speciality beer. Pours a hazy orange colour with a small head giving off a subtle aroma	5.7%	330	7.65
HERCULE STOUT Complex malts with a hint of coffee	9%	330	10.25
KASTEEL DONKER Rich, dark red/brown strong ale, not overpowering	11%	330	11.45
KWAK Malty with liquorice finish and a cool glass	8.4%	330	9.95
TROUBADOUR OBSCURA Balanced, powerful dark ale - amazing!	8.2%	330	9.65
BRUGSE ZOT DUBBEL Rich and complex, mostly dark fruits and light spices	7.5%	330	9.95
DELIRIUM NOCTURNUM Dark, malty beer from Delirium	8.5%	330	9.95
STRAFFE HENDRIK QUADRUPEL A subtle blend of speciality malts, giving this ale an extremely dark colour and malty, complex character	11%	330	10.45
ST FEUILLIEN BRUNE A smooth, dark fruit tinged brune made with Belgian hops and water from the brewery's own well	8.5%	330	9.95
ST BERNARDUS ABT 12 Rich, fruity and dark with a hint of nut and burnt caramel	10.5%	330	10.45
GOUDEN CAROLUS Very balanced dark with aromatic malts and hints of espresso	8.5%	330	9.95



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AULANER



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LAMBICS AND FLEMISH RED ALES

Synonymous with Belgium, these beers are unique in style. Lowlander has the best range of Lambic beers in London! Please ask the team what is in the Secret Cellar! Lambic beers include Gueuze and lambic krieks. They are often dry, vinous and cidery with a sour aftertaste. Flemish reds are distinctively sharp with sour and tart flavours made by special yeast strains.

	ABV	ML	£
KRIEK BOON Traditional lambic kriek with intense cherry	4%	375	9.95
BOON OUDE GEUZE MARIAGE PARFAIT Beautiful vintage gueuze - very smooth and dry	8%	375	11.75
LINDEMANS GUEUZE Pours a hazy, amber orange with a large head, vinegary aroma and sweet, fruity notes	5%	250	7.95
LINDEMANS GUEUZE CUVÉE RENÉ Golden beer with a big head, balanced aroma and sweet and sour notes	5.5%	375	10.9
LINDEMANS FARO Popular, fruity version of this special beer style	4.5%	250	10.9
DUCHESSE DE BOURGOGNE Sweet, dry ale with nutty aftertaste	6.2%	330	8.95
DUCHESSE DE BOURGOGNE - CHERRY Brewed only with real Belgian cherries & Duchesse de Bourgogne beer as a base	6.2%	330	8.95
DUCHESSE DE BOURGOGNE - CHOCOLATE CHERRY Using Duchesse de Bourgogne beer as a base, with a strong chocolate aroma & cherry		330	8.95
RODENBACH GRAND CRU Oak-aged red ale with a tangy finish	6%	330	8.95

WHEAT BEER

Made of wheat which gives the beer a more dense and hazy colour. Often between 4-6% made with candy sugars, and different fruits and spice.

	ABV	ML	£
PAULANER HEFE WEISSBIER Hints of banana and honey, with a mildly spicy nutmeg note	5.5%	500	9.95
ST BERNARDUS WIT Notes of orange 운 coriander with a herbal aroma	5.5%	330	8.95
LA TRAPPE WITTE The world's only Trappist wheat beer	5.5%	330	8.25

LAGERS

A range of clean, easy drinking, crisp lagers including one of Germany's finest hidden treasures.

	ABV	ML	£
JUPILER Smooth and crisp	5.2%	330	7.95
SLAG LAGER BEER Hoppy and floral Czech style pilsner		330	
VEDETT Refreshing and light from Duvel	5.2%	330	7.95
AUGUSTINER EDELSTOFF Clean and refreshing with some mild cracker maltiness			8.95

ALCOHOL FREE BEERS

Our new range of delicious low alcohol / alcohol free beers. Varying in styles there's something for everyone.

	ABV	ML	£
JUPILER ZERO Alcohol free variant of the Belgian favourite	0.0%		
PAULANER N/A HEFE - WHEAT BEER Zesty fresh with a candy sugar aroma	0.0%	500	6.95
LERVIG NO WORRIES PALE ALE Easy drinking pale ale with light citrus notes and hoppy aroma	0.5%	330	6.45
BRUGSE SPORT ZOT The Blonde base with two hop varieties and a zesty finish	0.4%	330	6.45
FLOTZINGER HELL ALCOHOL FREE This alcohol-free beer retains the excellent taste of Flotzinger Hell. A fresh beer experience for everyone who wants to do without alcohol, but not the full-bodied pleasure	0.070	500	6.45

FRUIT AND FLAVOURED

Most of these fruity ales do not taste like beer. Often low in ABV and very refreshing. Sadly not one of your 5 a day.

	ABV	ML	£
MONGOZO BANANA Flavours of ripe bananas	3.6%	330	7.95
MONGOZO COCONUT Mongozo brewery's sweet coconut beer	3.6%	330	7.95
MONGOZO MANGO The sweet and refreshing flavour of fresh mangos. It is a light beer with a refreshing, fruity flavour	3.6%	330	7.95
BARBAR HONEY Delicate, honey-flavoured blonde ale	8%	330	10.15
BUSH PÊCHE MEL Blend of Scaldis and Lambic Pêche - perfect!	8.5%	330	10.2
DELIRIUM RED Delirium with a well-balanced cherry flavour	8%	330	9.95
LINDEMANS APPLE Very sweet apple flavour with some subtle malty notes	3.5%	375	8.95
FLORIS FRAMBOISE Raspberry blended with fresh wheat beer	3.6%	330	7.95
FLORIS PASSION FRUIT A fruity passion fruit flavoured wheat beer	3.6%	330	7.95
FRÜLI STRAWBERRY Classic strawberry wheat beer	4.1%	330	7.95
KASTEEL ROUGE Brown ale matured perfectly with sour cherry	8%	330	10.9
CHERRY CHOUFFE Notes of strawberry, almond, spices and sweet Port. Round-bodied, soft and delicate	8%	330	9.95



GUEST AND SEASONAL BOTTLES

PLEASE ASK A MEMBER OF THE TEAM FOR OUR SELECTION





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The iconic beers from Belgium made by or under the supervision of Monks within the walls of a Benedictine abbey. In this section you'll find many styles of Trappist including Dark, Wheat and Triples. Slightly stronger than most at 7-11%.

	ABV	ML	£
CHIMAY BLEU	9%	330	11.00
Dark, spicy and complex			
CHIMAY ROUGE	7%	330	9.95
Exceptional dark and fruity dubbel			
СНІМАУ WHITE	8%	330	9.95
Great flavoured tripel			
LA TRAPPE DUBBEL	7%	330	8.95
Dark, hoppy caramel, with lots of raisin-bready flavours, stone fruits and a bitter finish			
LA TRAPPE BLONDE	6.5%	330	8.45
Crisp and fruity blonde ale			
LA TRAPPE QUADRUPEL	10%	330	11.45
Slightly sweet and bitter ale			
LA TRAPPE TRIPEL	8%	330	9.95
A fruity, bittersweet tasting tripel			
LA TRAPPE WITTE	5.5%	330	8.25
The world's only Trappist wheat beer			
ORVAL	6.2%	330	9.45
Stunning, bitter amber ale - a favourite of beer drinkers worldwide			
ROCHEFORT 8	9.2%	330	10.45
Firm-bodied, fruity, sweet-ish dark beer			
ROCHEFORT 10	11.3%	330	11.45
Big brother to Rochefort 8, with a flavour that blooms in the mouth!			
WESTMALLE DUBBEL	7%	330	9.45
Smooth, creamy and chocolatey			
WESTMALLE TRIPEL	9.5%	330	10.25
Golden with a mellow honey taste			

GLUTEN FREE

Beer simply made with a different alternative to wheat including millet, rice, sorghum or buckwheat.

	ABV	ML	£
MONGOZO PILS Fair trade, organic and gluten-free!	5%	330	8.65
MONGOZO BUCKWHEAT Fresh, fruity aroma, with a mild hop flavour	4.7%	330	8.65
MONGOZO BANANA Flavours of ripe bananas		330	
MONGOZO COCONUT Mongozo brewery's sweet coconut beer		330	
MONGOZO MANGO Refreshing flavour of fresh mangos		330	

SEASONAL SERVES

12.50 EACH Classic spirits complemented with Fever-Tree premium mixers. Each Fever-Tree serve contains 50ml of alcohol, reduce it to 25ml for 9.50

CARIBBEAN MULE Kraken Spiced Rum, Ginger Beer & lime

DOUBLE BERRY G&T

fresh berries & mint

ITALIAN BLOOD ORANGE SPRITZ Smirnoff Vodka, Italian Blood Orange Soda & orange

Tanqueray Royale Gin, Rhubarb & Raspberry Tonic, BLOSSOM SPRITZ Pinot grigio wine, White Grape & Apricot Soda, mint & lemon

Tequila, Pink Grapefruit Soda & lime
CUCUMBER & ELDERFLOWER G&T
Hendrick's Gin, Elderflower Tonic, cucumber & mint

PALOMA

ROSÉ	ABV	175ml	250ml	Bottle
MOUNT RILEY ORGANIC SB, New Zealand Light straw in colour with lifted and pure aromas of fresh passionfruit, citrus and lime. This wine is vibrant with layers of passionfruit, tropical fruit and zesty citrus. Juicy fruit flavours and crisp acidity combine to deliver a mouth-watering finish	13%	9.95	12.50	40.00
NEIL JOUBERT CHENIN BLANC, South Africa Very attractive nose with lots of tropical fruits such as pineapple, guava and citrus fruit, carrying on to the crisp, refreshing palate	13%	9.00	11.00	35.00
CA DEL LAGO PINOT GRIGIO, Italy Ca Del Lago Pinot Grigio DOC Delle Venezie brings together the soft alluring flavours of Veneto with the structure and breed of all the Veneto regions, resulting in a lush and rich wine with fresh, juicy flavours and aromas of ripe apples and pears	10.5%	8.00	10.00	30.00
CA DEL LAGO INZOLIA TERRE SICILIANE, Italy Dur Ca Del Lago Inzolia IGT Terre Siciliane is moderately aromatic, with itrusy characteristics. Crisp and dry with a beautiful golden/green colour. Flavours of pineapple, nectarine and white peaches	10.5%	7.50	9.50	28.00
WHITE	ABV	175ml	250ml	Bottle

Prospetti Pinot Grigio Rosé DOC Delle Venezie is a fresh, well balanced and fruity wine, with elegant, floral notes, that highlights the natural pink hue of the grape. Refreshing with a pleasingly smooth finish					
RESERVE ST JACQUES GRENACHE ROSÉ, France Clean and pure with white cherry and juicy stone fruits. Inner floral notes defined the dry finish with a hint of cherry	12.5%	8.00	10.00	30.00	
BERNE ESPIRIT MEDITERRANNE ROSÉ, France Berne 'Esprit Méditerranée' Provence Rosé is a dazzling pink rosé wine that is deliciously fresh with generous aromas of crunchy fruit. Notes of fresh summer fruits such as peach as well as red fruit notes. Ideal for lovers of fruity and gourmet wines	12.0%	9.00	11.00	35.00	
MIRABEAU CLASSIC ROSÉ, France On the pase rife wild strawberries and rashberry combate with a centle spice	13.0%	9.95	12.95	40.00	

note. Summer berry flavours persist long into the finish

RED	ABV	175m	250ml	Bottle
LUIGI LEONARDO SANGIOVESE, Italy Ruby red in colour with pleasing aromas of ripe red fruits and floral notes followed by a dry, warm and tannic palate	12.0%	7.50	9.50	28.00
CORTE VIGNA MONTEPULCIANO D' ABBRUZZO, Italy Deep ruby red, . It's structured with easy tannins and a soft finish. It presents earthy flavours balanced by hints of ripe red fruits	12.5%	9.00	10.00	30.00
BELLINO ORGANIC MERLOT, Italy A full bodied dry red wine with flavours of mature red fruits, dried prunes and earthy herbs. The tannins are soft and smooth giving this wine a velvety mouthfe	11.5%	9.00	11.00	35.00
SEPTIMA MALBEC, Argentina Fresh cherries, toasted oak and vanilla notes on the nose. The acidity and alcohol content are perfectly balanced with soft and delicate tannins	13.5%	9.95	12.95	40.00

SPARKLING & CHAMPAGNE	125ml	Bottle
PROSECCO EXTRA DRY, NV	9.00	35.00
PROSECCO ROSÉ BRUT, NV		35.00
MOËT & CHANDON BRUT IMPERIAL		90.00
MOËT & CHANDON ROSÉ		100.00

FONDÉ EN 1743 **MOËT & CHANDON** CHAMPAGNE *



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All our spirits are served in 25ml measures except for Baileys, Pimm's, Campari and Aperol which are served in 50ml measures as standard

	Single	Double
SMIRNOFF VODKA	7.50	12.50
CAPTAIN MORGANS WHITE RUM	7.50	12.50
CAPTAIN MORGANS SPICED RUM	7.50	12.50
JACK DANIEL'S	7.95	12.95
MAKER'S MARK	7.95	12.95
HENNESSY ***VS	7.95	12.95
SAILOR JERRY	7.95	12.95
MONKEY SHOULDER	7.95	12.95
LIQUEUR		
AMARETTO	7.50	12.50
BAILEYS 50ml		12.50
SHOTS		
SAMBUCA	7.50	12.50
JÄGERMEISTER	7.50	12.50
OLMECA	7.50	12.50

TANQUERAY GIN	7.50	12.50
HENDRICK'S GIN	7.95	12.95
GIN MARE	8.50	13.50
MONKEY 47	9.50	14.50
ROKU	7.95	12.95
WHITLEY NEILL	7.95	12.95
WHISKY		
JAMESON	7.50	12.50
LAPHROAIG 10 YR OLD	8.50	13.50
TALISKER 10 YR OLD	9.45	14.45
NIKKA FROM THE BARREL	9.45	14.45
OBAN 14 YR OLD	10.45	15.45

GLENMORANGIE 18 YR OLD

Single Double

12.00 18.00

SOFT DRINKS

FEVER TREE 275ml Choose from: Ginger Beer, Sicilian Lemonade, Raspberry Lemonade or Cloudy British Apple	4.50
STILL & SPARKLING WATER 33cl	3.50
STILL & SPARKLING WATER 75d	6.00
ORANGE (139kcal) / APPLE / CRANBERRY / TOMATO JUICE (133kcal) 10oz	2.95
COLA / DIET COLA / LEMONADE (22kcal) 10oz	2.95
RED BULL 250ml	3.50
FEVER TREE TONIC, GINGER ALE / TONIC LIGHT 200ml	4.00
COKE - ICONIC BOTTLE 330ml	4.00
DIET COKE - ICONIC BOTTLE 330ml	4.00

HOT BEVERAGES

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CAPPUCCINO (Okcal)	4.00
FLAT WHITE (Okcal)	4.00
LATTE (Okcal)	4.00
AMERICANO (Okcal)	4.00
ESPRESSO (Okcal)	3.25
DOUBLE ESPRESSO (Okcal)	4.00
HOT CHOCOLATE (101kcal)	4.00
ENGLISH TEA (Okcal)	3.50
SPECIALITY TEA	4.00
Choose from: Peppermint (4kcal), Green (6kcal),	
Chamomile (Okcal), Earl Grey (Okcal)	

Add whole milk at 124kcal for 200ml serve or 16kcal for 25ml serve

Lowlander is a stylish and vibrant 'grand café' that embodies the inimitable hospitality of the Low Countries, the very source of its name, and has a true passion for traditional Belgian beer and cuisine at its heart.

www.Lowlander.com

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Please note we will add a discretionary 12.5% service charge. Allergen Information. Our easy-to-use allergen guide is available for you to use on the food section of our website via a QR code. We keep it online so that it's always as up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet; we will be happy to provide you with the information. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, please let us know before ordering (V) = made with vegetarian ingredients, (VE) = made with vegetarian ingredients, lowever, some of our preparation, cooking and serving methods could affect this. If you capit more information, please ask your server. Fish dishes may contain small bones. * = this dish contains alcohol. All prices include VAT at the current rate. All major cards accepted. Adults need around 2000 keal a day.

